

THE DAILY QUESTION



Being home together day after day can be challenging, so we designed “the daily question from BTM” to help you keep your conversations fresh. Our hope is that these questions can support you in having one meaningful conversation with those you are ‘sheltering in place’ with each day.

Some important things you should know:

- Brief conversations can be meaningful
- Listening, not length, is the most important thing
- There are no ‘right’ or ‘wrong’ answers to these questions
- If you don’t like a question we have offered, skip it
- Feel free to add your own questions to the list

These questions are like tiny little seeds that can help to grow meaningful connections with one another so when bigger questions come up in life, you will have established roots of trust and will know you can turn to one another.

If you would like to receive ‘the daily question from BTM’ and/or share your daily question experience with us, text: ‘the daily question’ to 484-333-4015

- 1 **WHAT MADE YOU SMILE TODAY?**
- 2 **IS THERE SOMETHING THAT SURPRISED YOU TODAY?**
- 3 **WHAT IS SOMETHING NEW YOU LEARNED TODAY?**
- 4 **WHAT IS YOUR FAVORITE THING ABOUT YOUR FAMILY?**
- 5 **WHAT WAS THE BEST THING THAT HAPPENED TODAY?**
- 6 **WHAT IS YOUR BIGGEST DREAM? DOES IT FEEL ACHIEVABLE?**
- 7 **HOW WERE YOUR CREATIVE TODAY?**
- 8 **IF YOU COULD DO ANYTHING YOU WANTED TO DO TODAY, WHAT WOULD YOU DO?**
- 9 **WHAT ARE THINGS YOU LOOK FOR IN A FRIEND?**
- 10 **IF YOU COULD SPEND TIME WITH ANY OF YOUR FRIENDS TODAY, WHO WOULD YOU CHOOSE AND WHAT WOULD YOU DO?**